

Homeschooling & Technology

Don't ignore it, teach it.

Nichole Holze
luckeywanderers.com
Coleyraeh on Instagram

5 Reasons Technology Education Belongs in Your Homeschool

1. **Technology is a life skill, not a luxury.** Your child will apply for jobs, manage money, and communicate professionally in digital spaces. Avoiding technology doesn't protect them, it leaves them unprepared. They will need these skills for college too.
2. **Smartphones can wait, but not indefinitely.** Consider delaying a smartphone until 8th grade. In the meantime, explore alternatives like Bark Phone (monitored, with parental oversight) or Gabb Phone (calls, texts, limited apps & parental control). Your child stays connected without the full internet in their pocket.
3. **Boundaries are best learned at home.** The time to teach limits around technology is while you are still the loudest voice in your child's life, not after they leave. Teach the why, not just the rules. Be willing to flex, and learn alongside them.
4. **Self-regulation is the end goal.** We want kids who can pick up their phone, use it purposefully, and put it down. (same for any piece of tech, including tv). That skill has to be practiced gradually, with guardrails in place. Which is exactly what your home provides.
5. **Your home is the training ground.** Don't shelter your child from technology. Train them in it, intentionally, over time, with your family values as the foundation.

5 Things to do This Week

1. **Visit waituntil8th.org.** Learn about the movement and consider signing the pledge with other families.
2. **Research Bark or Gabb** (or other options, just look online) if your child needs a communication device before they're ready for a smartphone.
3. **Have one conversation about how technology makes your child feel,** not rules, just feelings. Build self-awareness early. Help them understand why they feel that way, and how technology is designed to entice them to stay longer.
4. **Create a technology independence ladder:** what freedoms your child has now, what they'll earn, and what full independence looks like.
5. **Go through the 100 Technology Skills list together.** Check off what they know. Circle what's next. Make it a project to grow and build on over the years.

Follow my
homeschooling
Instagram page



@COLEYRAEH

Homeschooling & Sports

Yes, you can. Yes, you should.

Nichole Holze
luckeywanderers.com
Coleyraeh on Instagram

Resources and next steps

Thank you for coming today! I'm Nichole, homeschooling Mom to 2. We've walked this path from the beginning of their education, and my children are now entering 10th grade and 7th grade. It's been the best adventure of our lives and it's an honor to share some of it with you today.

Find me online:

www.luckeywanderers.com

nichole.holze@gmail.com

Instagram: Coleyraeh



Free resources at my table today:

- Best field trips in the Four States area
- Information on Northstar Fellows (homeschool leadership and service honor society,
 - founding cohort launching fall 2026